

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Legend

**Pre-registration and/or application required
Blue font color - Infant & toddler classes ages 0-4 with parents

Purple font color - Kids classes ages 5-11 with parents
Green font color - Teens classes ages 12-17

Black font color - Classes for ages 12 and older
Dark Orange - All age classes

HACSB - Housing Authority of the County of San Bernardino
Dark Blue font color - Boy & Girls Club classes for kids ages 6-12 with parent on premises

 Do you need assistance renewing your Medi-Cal or applying for IEHP health coverage?

Call us at 1-888-860-1296 or visit our center to make an appointment.

 Do you need help with benefits, updating demographics, or changing your provider?

We have Member Services Representatives on-site Monday-Friday 9am-5:30pm. Ask to speak with them today!

Pound Fitness

9am-10am
Breathe Well, Live Well #2

9am-10am (Spanish)

 Cal Fresh Applications

10am-2pm

Zumba Chair 10am-11am

 Giggles & Games

10:15am-11am

Healthy Living My Best Self #1

11am-12pm (Spanish)

 Little Learners

11:15am-12pm

Zumba 12pm-1pm

Healthy Heart #1

1pm-2pm

Nutrition Fundamentals

2pm-3pm

 Boys & Girls Club 3pm-6pm

 Mindful Living #1

4pm-5pm (Spanish)

 Snack Time with Lizette

4pm-4:45pm

 Podcast for Teens

4:30pm-5:50pm

 Restorative Yoga

5pm-6pm

Pound Fitness 9am-10am

Healthy Living My Best Self #1

9am-10am (Spanish)

 Cal Fresh Applications

10am-2pm

Zumba Chair 10am-11am

 Giggles & Games

10:15am-11am

 HACSB Application Overview

11am-12pm

 Quitting Tobacco

11am-12pm (Spanish)

 Little Learners 11:15am-12pm

Zumba 12pm-1pm

Mindful Living #1

1pm-2pm

Nutrition Fundamentals

2pm-3pm

 Boys & Girls Club 3pm-6pm

 Diabetes Among Friends #1

4pm-5pm (Spanish)

 Snack Time with Lizette

4pm-4:45pm

 Podcast for Teens

4:30pm-5:50pm

 Restorative Yoga

5pm-6pm

 Medi-Cal Renewal Specialist

9am-10am

 Energy Education & Budgeting**

9am-10am & 1pm-2pm

 Cal Fresh Applications

10am-2pm

Zumba Chair 10am-11am

 Giggles & Games

10:15am-11am

 HACSB Application Overview

11am-12pm

 Little Learners 11:15am-12pm

Zumba 12pm-1pm

Nutrition Fundamentals

2pm-3pm

 Boys & Girls Club

3pm-6pm

 Snack Time with Lizette

4pm-5pm

 Podcast for Teens

4:30pm-5:50pm

 Restorative Yoga

5pm-6pm

 Well Child & Young Adult Clinic

Is your child due for a WellCare Visit?

Call 866-228-4347 option 5 to verify eligibility and schedule an appointment or walk-in to participate.
Active IEHP Direct members ages 3-21 welcome!

HACSB - Housing Authority of the County of San Bernardino
Dark Blue font color - Boy & Girls Club classes for kids ages 6-12 with parent on premises

 Do you need assistance renewing your Medi-Cal or applying for IEHP health coverage?

Call us at 1-888-860-1296 or visit our center to make an appointment.

 Do you need help with benefits, updating demographics, or changing your provider?

We have Member Services Representatives on-site Monday-Friday 9am-5:30pm. Ask to speak with them today!

Pound Fitness

9am-10am
Breathe Well, Live Well #2

9am-10am (Spanish)

 Cal Fresh Applications

10am-2pm

Zumba Chair 10am-11am

 Giggles & Games

10:15am-11am

Healthy Living My Best Self #1

11am-12pm (Spanish)

 Little Learners

11:15am-12pm

Zumba 12pm-1pm

Healthy Heart #1

1pm-2pm

Nutrition Fundamentals

2pm-3pm

 Boys & Girls Club 3pm-6pm

 Mindful Living #1

4pm-5pm (Spanish)

 Snack Time with Lizette

4pm-4:45pm

 Podcast for Teens

4:30pm-5:50pm

 Restorative Yoga

5pm-6pm

Pound Fitness 9am-10am

Healthy Living My Best Self #1

9am-10am (Spanish)

 Cal Fresh Applications

10am-2pm

Zumba Chair 10am-11am

 Giggles & Games

10:15am-11am

 HACSB Application Overview

11am-12pm

 Little Learners 11:15am-12pm

Zumba 12pm-1pm

Mindful Living #1

1pm-2pm

Nutrition Fundamentals

2pm-3pm

 Boys & Girls Club

3pm-6pm

 Diabetes Among Friends #1

4pm-5pm (Spanish)

<img alt="Snack Time with Lizette icon" data-bbox="16 700 65 71